

Sport For All Day

全民運動日

3.8.2014

日日運動半個鐘
跳繩強身好輕鬆

Stay active
Rope skipping
keeps you fit.

免費康樂活動

全港十八區指定體育館舉行
由2014年7月14日(星期一)
上午8時30分起在當區康樂事務
辦事處或指定場地接受報名
先到先得

免費使用康樂設施

康樂及文化事務署轄下體育館、
壁球室、網球場、游泳池及水上活動中心
(草地球場、運動場、營地設施除外)
2014年7月27日(星期日)上午9時起
在各康體通櫃檯接受預訂
先到先得

Free Recreation Programmes

To be held at designated sports centres in 18 districts
Enrolment starts from 14 July 2014 (Monday) at 8:30 am
at respective District Leisure Services Offices or
designated venues
First-come-first-served

Free Use of Leisure Facilities

Sports centres, squash courts, tennis courts, swimming pools
and water sports centres under
the Leisure and Cultural Services Department
(excluding turf pitches, sports grounds and camp facilities)
Booking starts from 27 July 2014 (Sunday) at 9 am
at all Leisure Link booking counters
First-come-first-served



For enquiry, please call

請致電 2414 5555

或向各分區康樂事務辦事處查詢，亦可瀏覽網頁
or contact the District Leisure Services Offices, or browse the website

www.lcsd.gov.hk