Annex
Inclusive and restrictive approaches of regulating nutrition and health claims
on formula products and IYC foods

Category of claim	Type of claim	Inclusive approach	Restrictive approach	
Infant form	nula			
Nutrition	Nutrient content claim (a)	Not allowed (Principle 1)		
claim	Nutrient comparative claim (b)			
Health	Nutrient function claim (c)	Allowed	Not allowed	
claim	Other function claim (d)	Allowed	Not allowed	
	Reduction of disease risk claim (e)	Not allowed (Principle 2)		
Follow-up f				
Nutrition	Nutrient content claim	Allowed	Not allowed	
claim	Nutrient comparative claim	Allowed	Not allowed	
Health	Nutrient function claim	Allowed	Not allowed	
claim	Other function claim	Allowed	Not allowed	
	Reduction of disease risk claim	Not allowed (Principle 2)		
IYC foods	-	-		
Nutrition	Nutrient content claim	Allowed (Principle 3)		
claim	Nutrient comparative claim			
Health	Nutrient function claim			
claim	Other function claim	Allowed	Not allowed	
	Reduction of disease risk claim	Not allowed	Not allowed (Principle 2)	

⁽a) E.g. "contains choline (144mg / 100g)".

- (d) E.g. "probiotics helps to maintain a healthy digestive system".
- (e) E.g. "fortified with an appropriate level of iron to reduce the risk of anaemia".

⁽b) E.g. "increased DHA level by 3 times (compared to its original formula)".

⁽c) E.g. "phospholipids (PhD) are essential for the function of brain cells".