## 辦法總比困難多

There are always more solutions than problems

## 愛惜自己 愛惜家人

Love yourself Love your family

胡兆康 2015保齡球世界盃冠軍 癌症康復者 **Wu Siu-hong** 2015 Bowling World Cup Champion Recovered from cancer



两 <del>子</del> 整人 再婚者 Charlene Tse Artiste Has gone through divorce

因意外失去雙臂 Yeung Siu-fong Artist with disability Lost her upper limbs in an accident

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