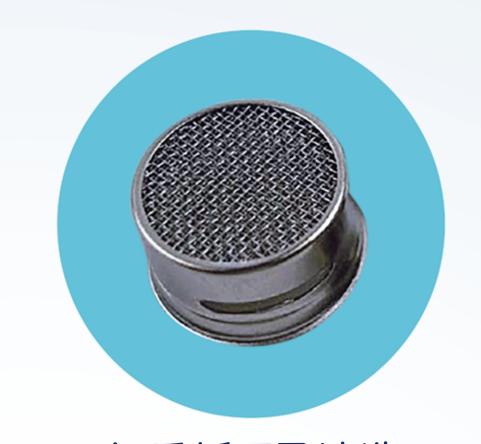
## 預防退伍軍人病

## Prevention of Legionnaires' Disease

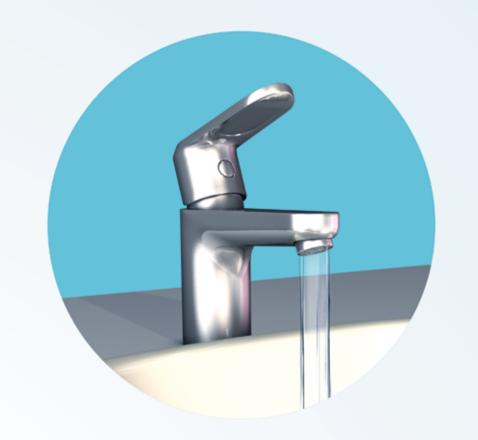


Avoid smoking





每季拆下及清洗 水龍頭和花灑頭的過濾網 Remove strainers in water taps and shower heads quarterly for cleaning



非經常使用的出水口或喉管 使用前排水最少1分鐘 Drain the infrequently used water outlets or pipework before use for at least 1 minute

## 較高患病風險的人士必須特別留意

People at higher risk should pay more attention

- Aged over 50 years
- 免疫力弱 With weakened immunity
- 有長期病患,如癌症、糖尿病、慢性肺病或腎病 With chronic illnesses such as cancer, diabetes mellitus, chronic lung or kidney disease
- 正服用類固醇或免疫抑制藥物 Taking corticosteroids or drugs that suppress body immunity

Avoid alcohol drinking









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Produced in February 2017