

喜程

全程快樂孕媽媽

A Joyful Pregnancy Journey with "Hapi Journey"

醫院管理局流動應用程式「喜程」為孕媽媽送上實用懷孕資訊，妳亦可以透過程式，紀錄個人身體健康狀況，輕鬆快樂迎接新生命。

The Hospital Authority "Hapi Journey" mobile application provides useful pregnancy information for moms-to-be. You may also record your health situation via this application.



醫院管理局
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文章
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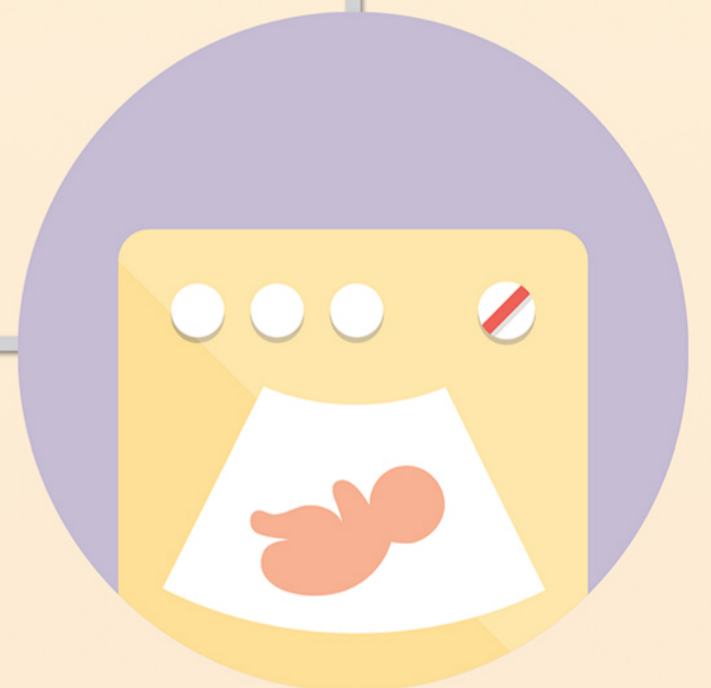
工具
Tools



婦產科資訊
HA Obstetric Information



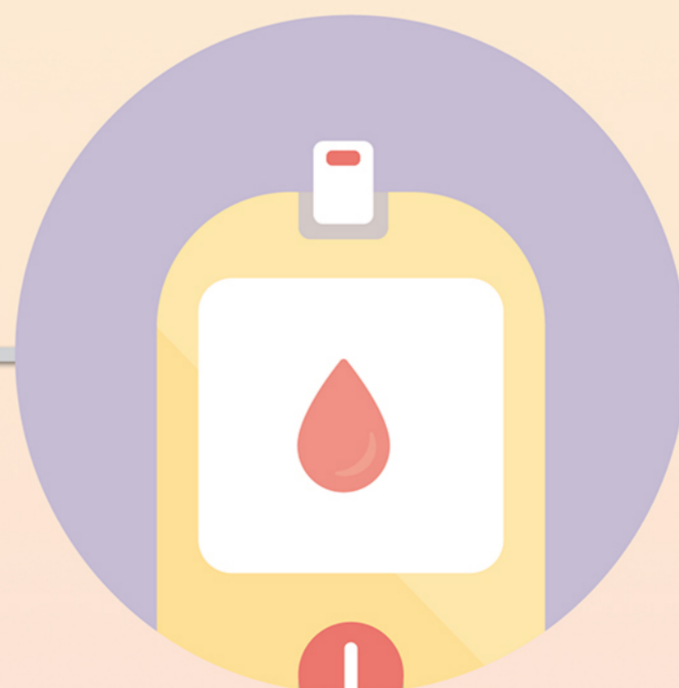
入院分娩準備
Hospital Bag Checklist



產前檢查日程
Antenatal Checkup Schedule



陣痛時計
Contraction Timer



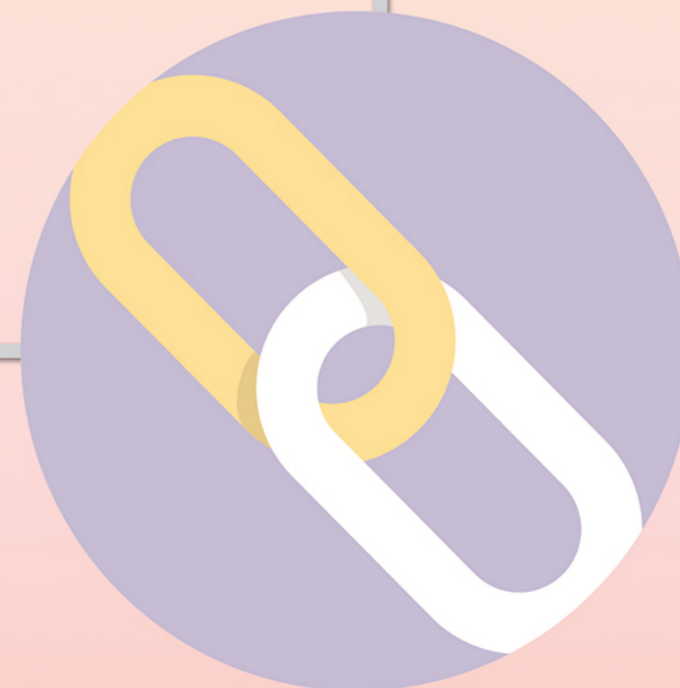
血糖記錄
Blood Glucose Monitoring



血壓記錄
Blood Pressure Monitoring



提醒
Reminder



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