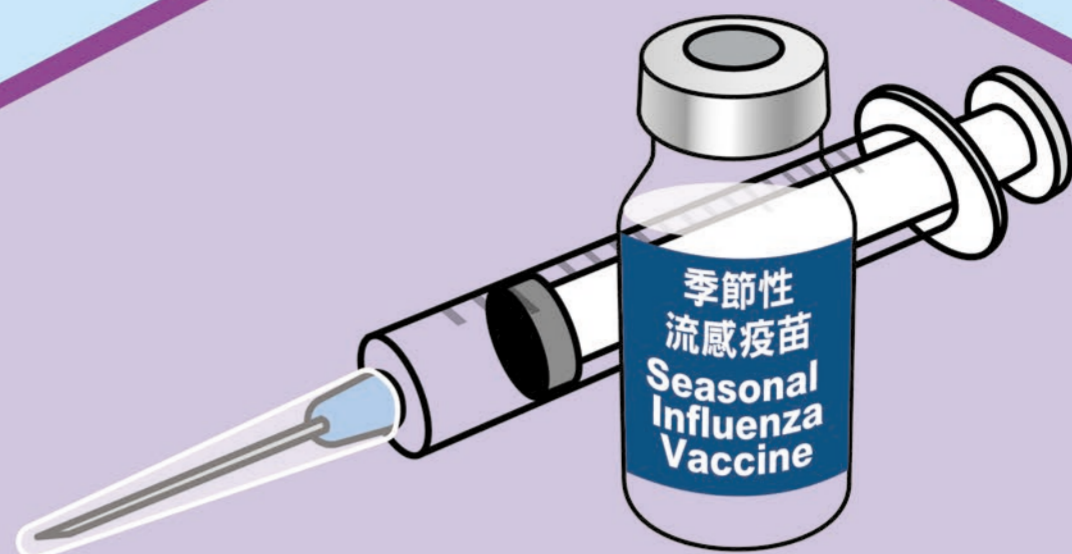
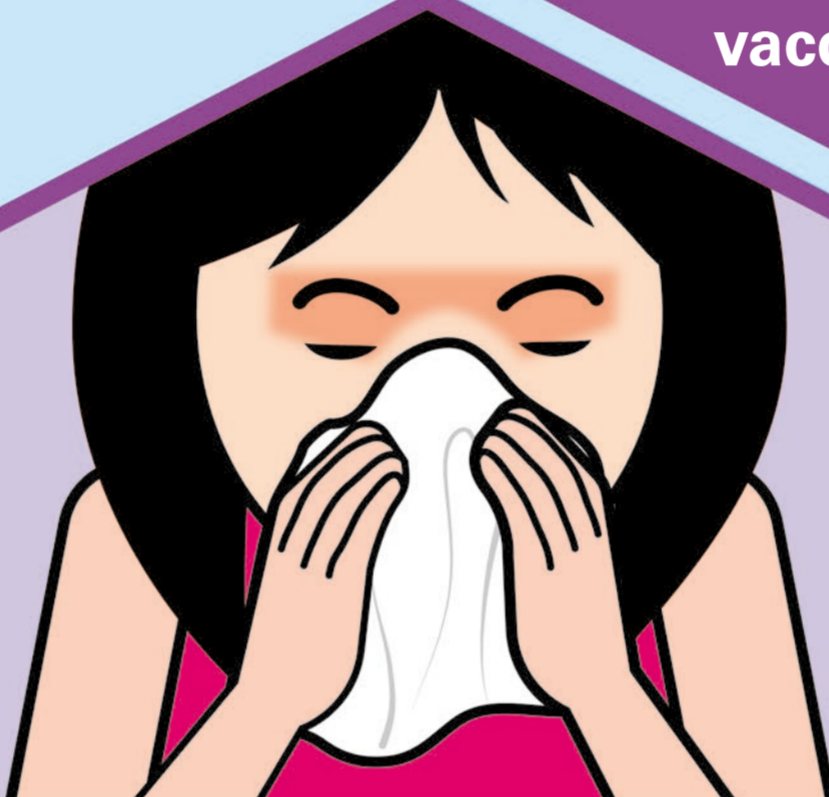


# 預防季節性 流行性感冒

## Prevention of Seasonal Influenza



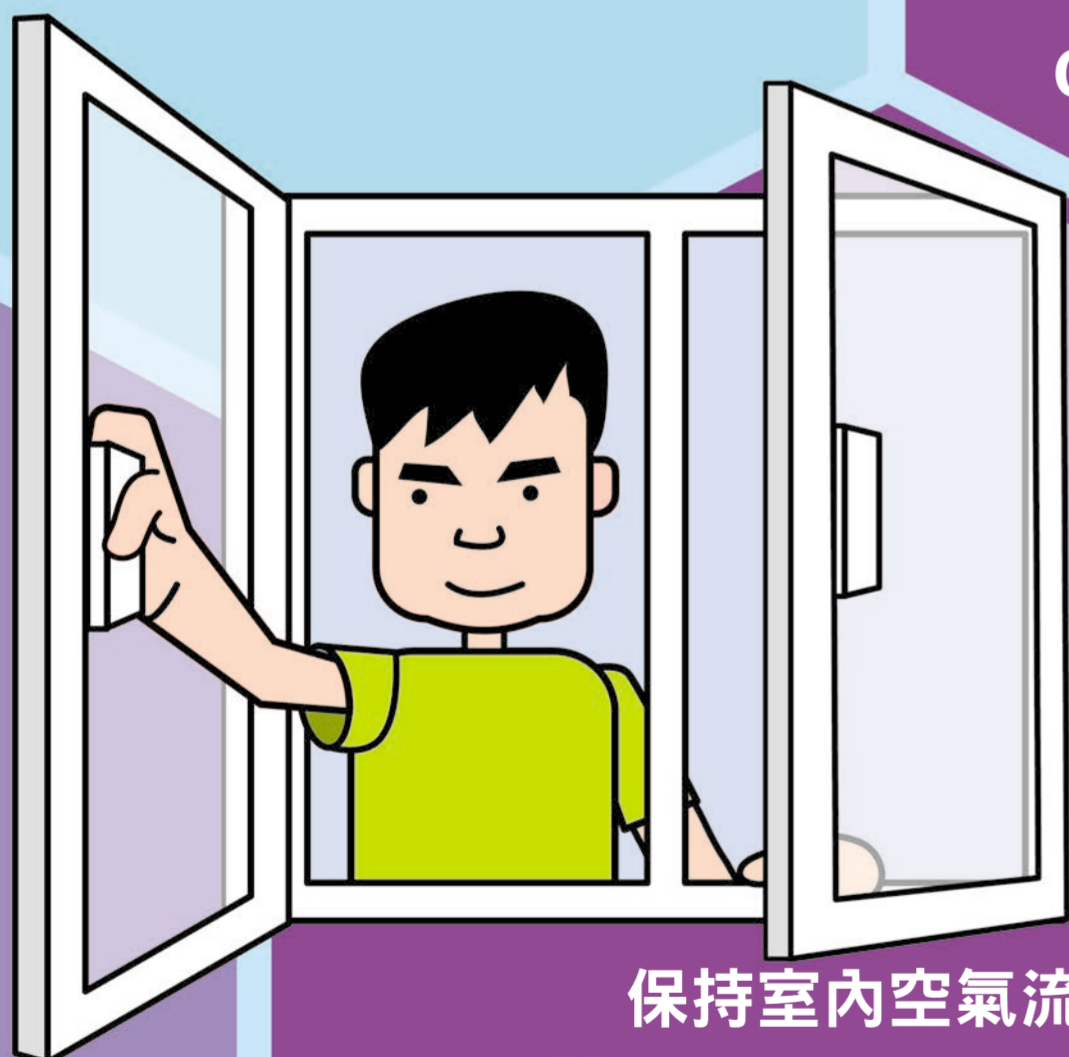
每年接種季節性流感疫苗  
Receive seasonal influenza  
vaccination every year



打噴嚏或咳嗽時應掩蓋口鼻  
Cover nose and mouth when  
sneezing or coughing



保持雙手清潔  
Keep hands clean



保持室內空氣流通  
Maintain good indoor  
ventilation



如有呼吸道感染病徵，應佩戴外科口罩  
Wear surgical mask when having  
respiratory symptoms

