

Guidelines on Bus Captain Working Hours, Rest Times and Meal Breaks
(Revised in October 2010)

- Guideline A** – Bus captains should have a rest time of at least 30 minutes after 6 hours of duty and within that 6-hour duty, they should have rest times totalling 20 minutes of which no less than 12 minutes should be within the first 4 hours of duty. The time bus captains spend at a terminal point preparing for the next departure and monitoring boarding of passengers should not be regarded as rest time.
- Guideline B** – Maximum duty (including all rest times) in a working day should not exceed 14 hours.
- Guideline C** – Driving duty (i.e. maximum duty less all rest times each of 30 minutes or more) in a working day should not exceed 11 hours.
- Guideline D** – The break between successive working days should not be less than 10 hours.
- Guideline E** – Bus captains working for a duty of not less than 8 hours in a working day should have a meal break. Bus companies should complete the improvement of meal breaks to no less than 45 minutes by the third quarter of 2011, and further improvement to no less than 1 hour in 1 year thereafter.