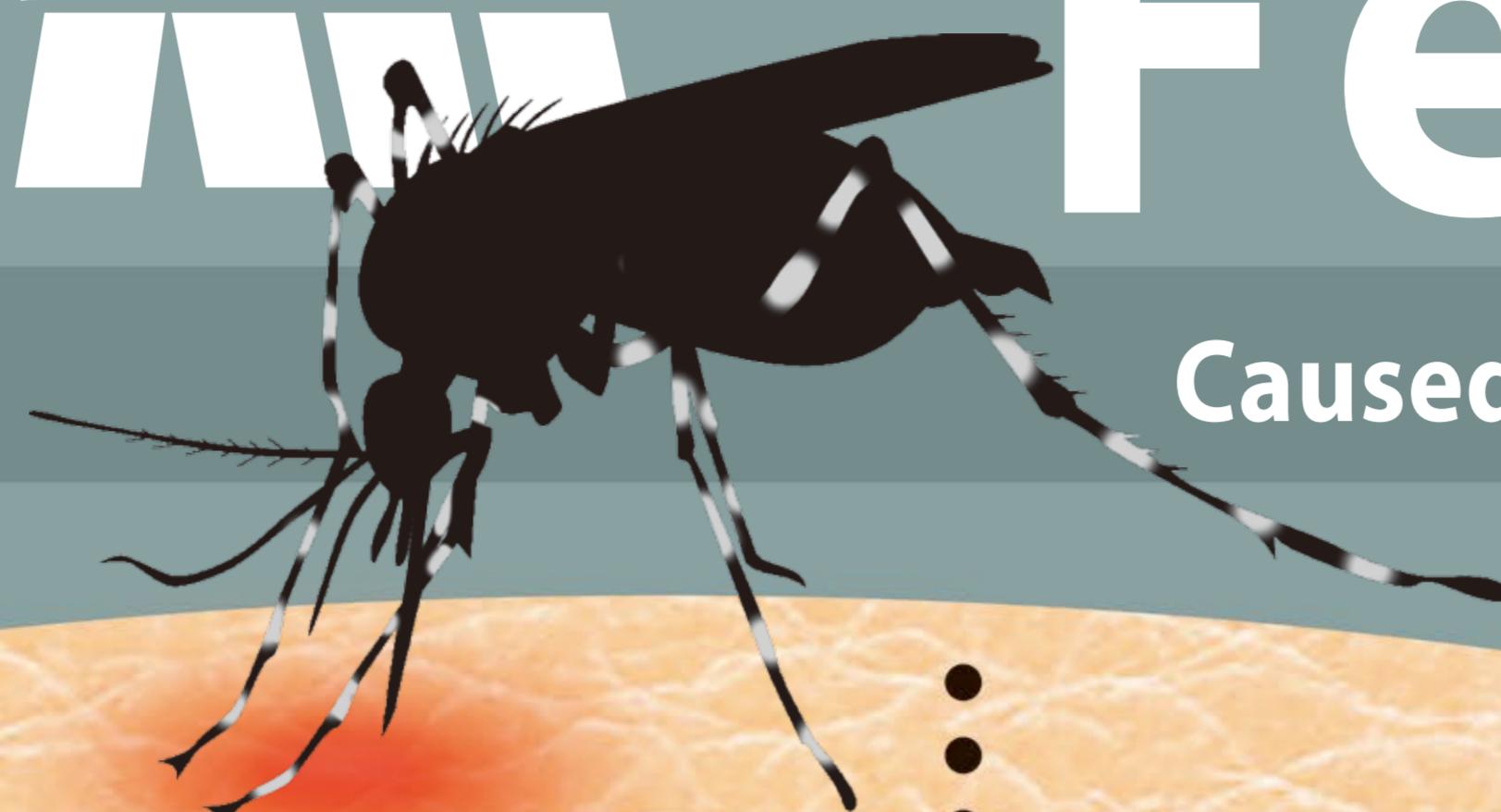


# 登革熱 Dengue Fever

由登革熱病毒引起

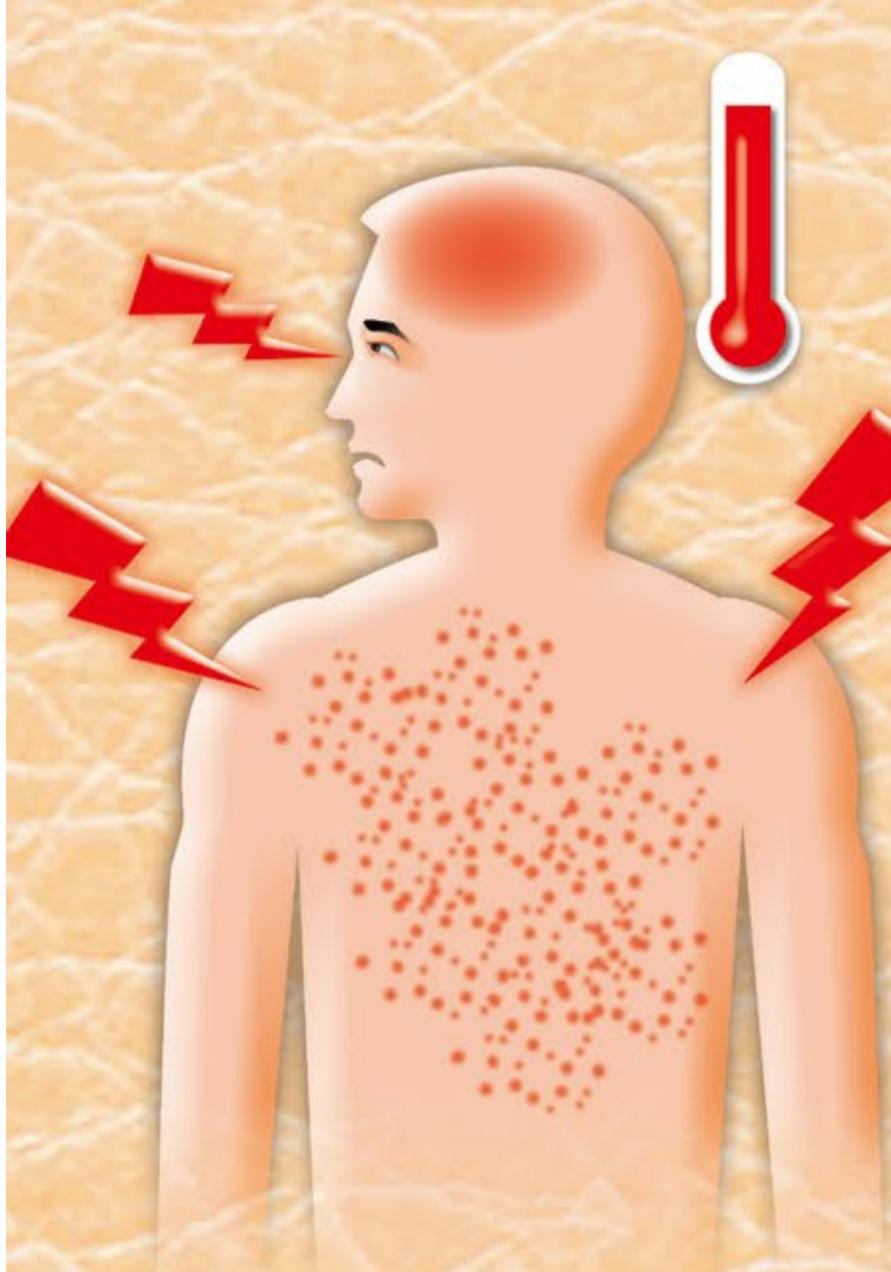


Caused by Dengue viruses

## 病徵 Symptoms

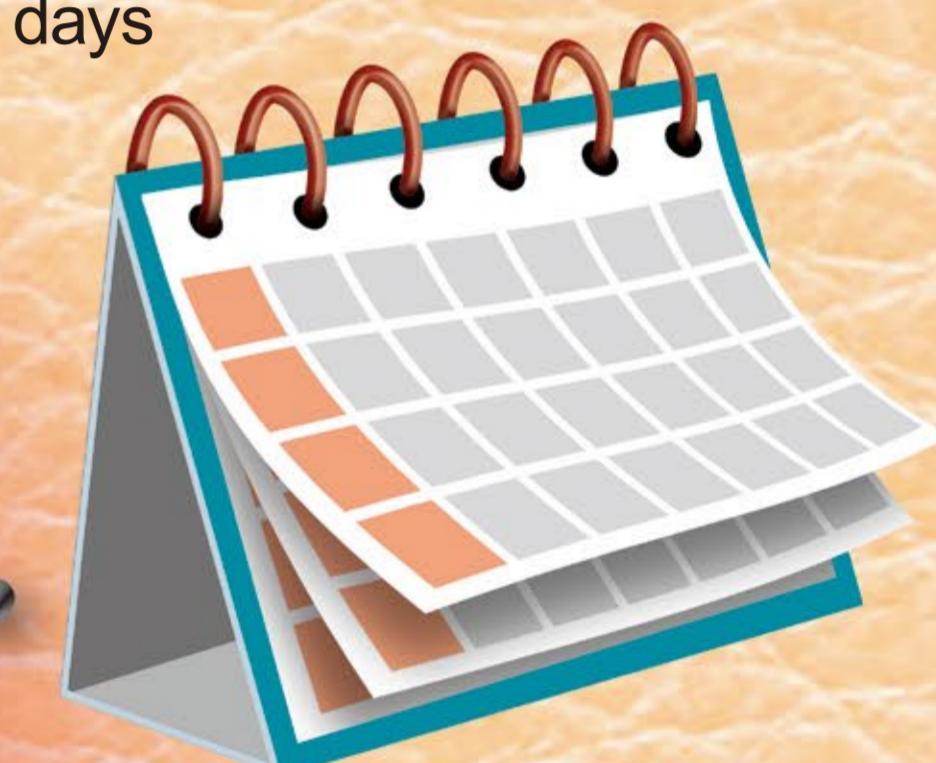
高燒、嚴重頭痛、眼窩後疼痛、肌肉及關節痛、  
嘔心、嘔吐、淋巴結腫脹以及出疹

High fever, severe  
headache, pain  
behind the eyes,  
muscle and joint pain,  
nausea, vomiting,  
swollen lymph nodes  
and rash



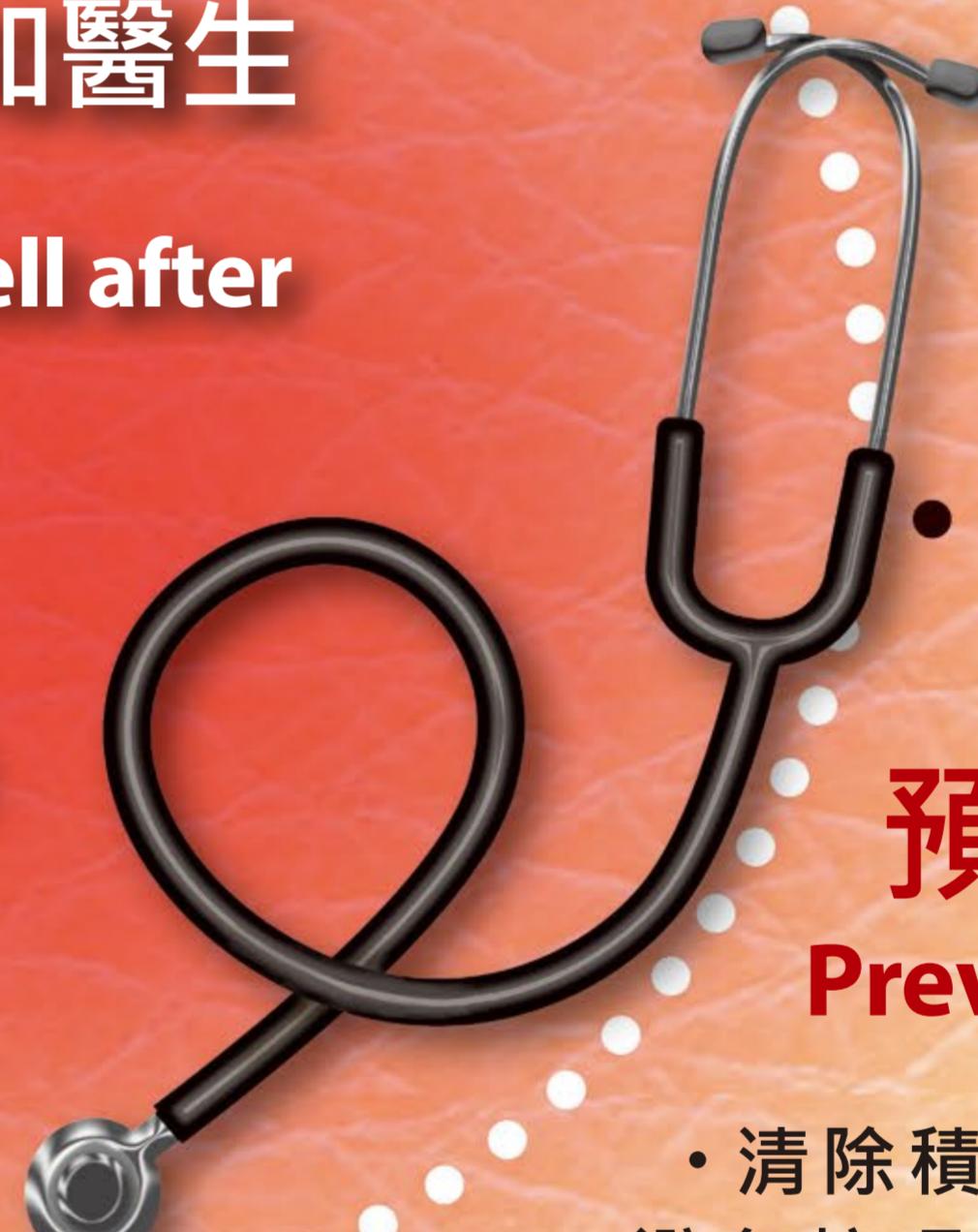
## 潛伏期 Incubation period

3–14天，通常為4–7天  
Ranging from 3–14 days,  
commonly 4–7 days



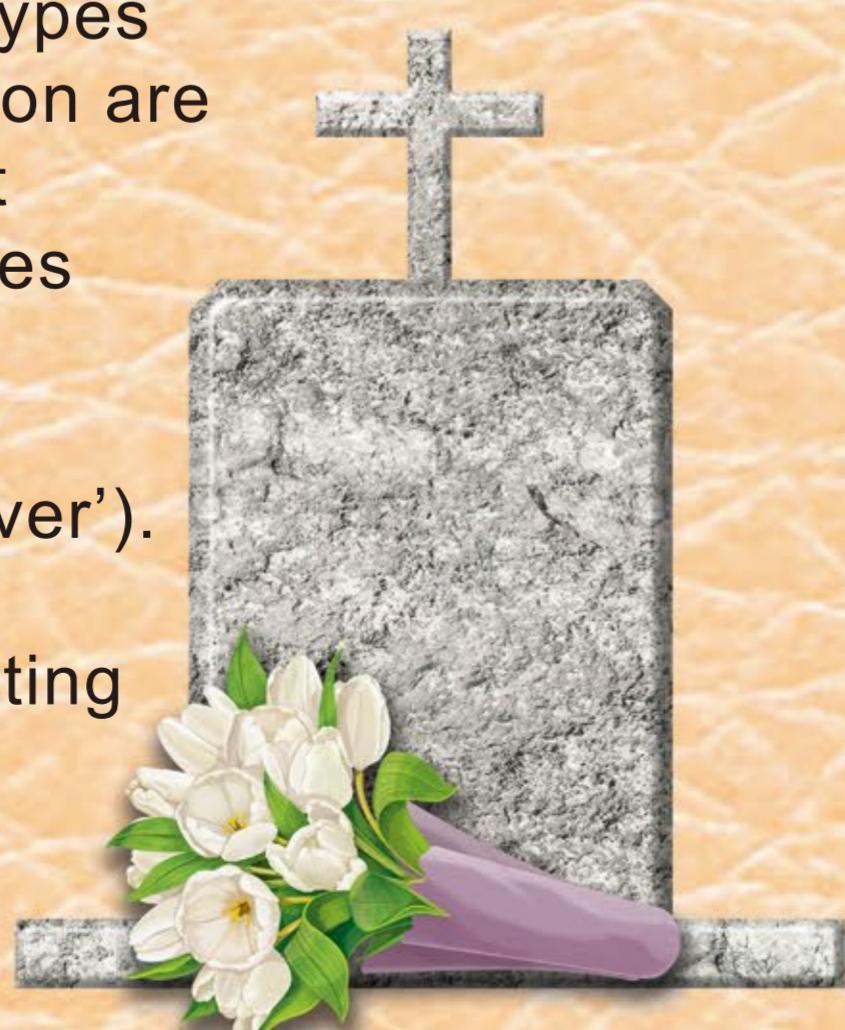
外遊返港後若感到  
不適，應盡快求醫，並  
將行程細節告知醫生

Anyone feeling unwell after  
a trip should seek  
medical advice as  
soon as possible  
and provide travel  
details to their  
doctors



## 登革熱病毒 Dengue viruses

- 有四種不同血清型
- 首次感染登革熱的病情一般較輕，若隨後感染其他血清型的病毒，出現重症登革熱（又稱「登革出血熱」）的機會較高
- 縱使病癒，仍終身有風險染上重症登革熱
- 倘無恰當治療，重症登革熱死亡率可超過20%
- Encompass 4 different serotypes
- The symptoms of first infection are usually mild, but subsequent infections with other serotypes are more likely to result in severe dengue (also known as 'dengue haemorrhagic fever').
- Even though recovered, still have life-long risk of contracting severe dengue
- Without proper treatment, death rate of severe dengue can exceed 20%



## 預防方法 Prevention

- 清除積水
- 避免蚊叮
- Eliminate pockets of stagnant water
- Avoid mosquito bites



衛生防護中心  
Centre for Health Protection



衛生防護中心網站  
Centre for Health Protection Website  
[www.chp.gov.hk](http://www.chp.gov.hk)



衛生防護中心 Facebook 專頁  
Centre for Health Protection Facebook

[fb.com/CentreforHealthProtection](https://fb.com/CentreforHealthProtection)

衛生署二十四小時健康教育熱線  
24-Hour Health Education Hotline  
of the Department of Health

2833 0111



衛生署  
Department of Health  
Revised in June 2018  
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