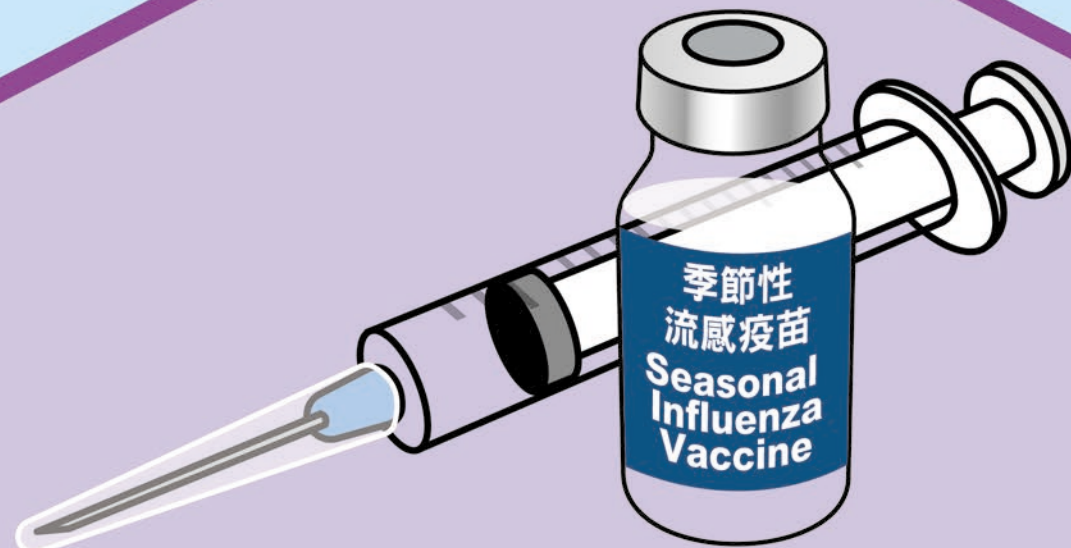
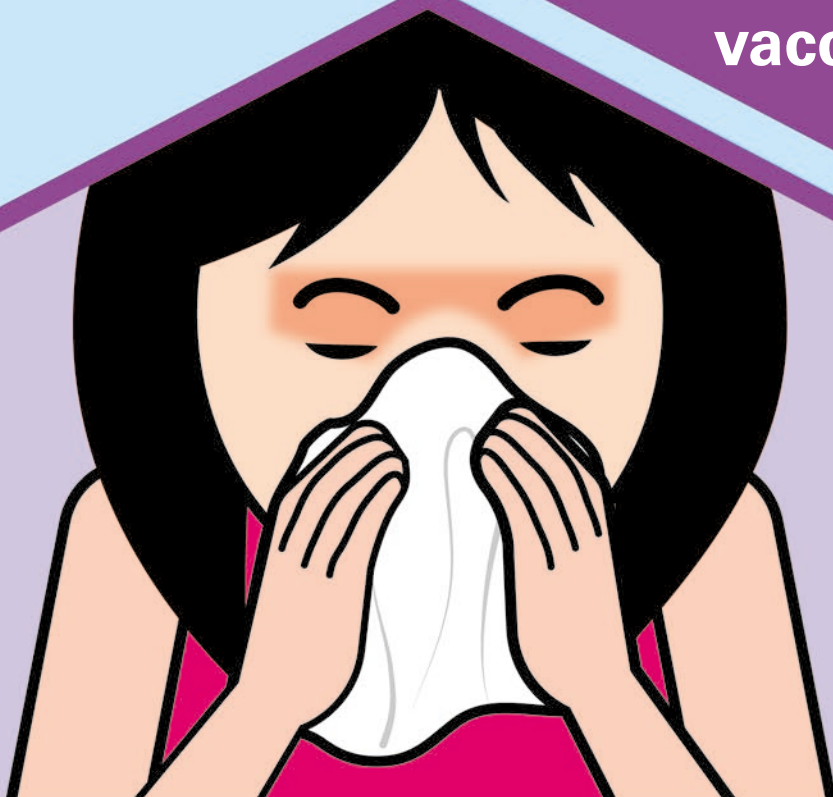


預防季節性 流行性感冒

Prevention of Seasonal Influenza



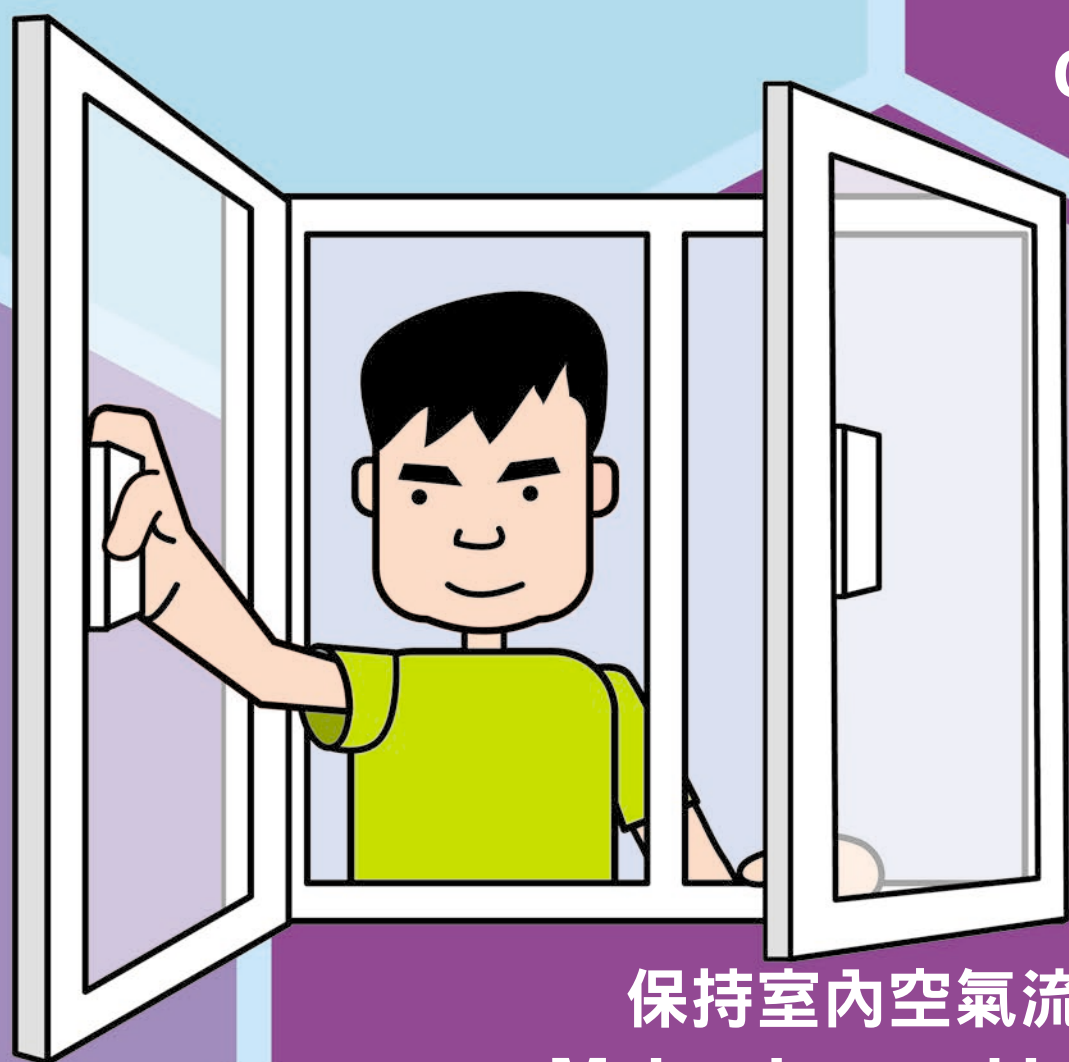
每年接種季節性流感疫苗
Receive seasonal influenza
vaccination every year



打噴嚏或咳嗽時應掩蓋口鼻
Cover nose and mouth when
sneezing or coughing



保持雙手清潔
Keep hands clean



保持室內空氣流通
Maintain good indoor
ventilation



如有呼吸道感染病徵，應佩戴外科口罩
Wear surgical mask when having
respiratory symptoms



衛生防護中心
Centre for Health Protection



衛生防護中心網站 Centre for Health Protection Website

www.chp.gov.hk



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of the Department of Health

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