

**Free Health Check Services for Taxi and Public Light Bus Drivers**

<b>Item</b>	<b>Checking/service to be covered</b>
Physical examination	Body height and weight, blood pressure and pulse, body fat percentage, Body Mass Index, waist circumference
Diabetes screening	Fasting blood glucose
Anemia screening	Complete blood count, haemoglobin, mean cell volume
Blood lipid profile	Total cholesterol, high-density lipoprotein, low-density lipoprotein, triglycerides
Gout screening	Uric acid
Report	A health check report will be provided and explained by a doctor or a qualified medical practitioner

**Details of Designated Health Check Centres**

<b>Health check centre</b>	<b>Address</b>	<b>Opening date and time</b>	<b>Telephone number</b>	<b>WhatsApp reservation number</b>
<b><u>Hong Kong Island</u></b>				
Hong Kong Federation of Trade Unions Workers' Medical Clinics (Central)	3/F, Siu Ying Commercial Building, 151-155 Queen's Road Central, Central	<u>Mondays to Saturdays</u> 9am to 6pm	2543 2243	-
<b><u>Kowloon West and Central</u></b>				
Hong Kong Federation of Trade Unions Workers' Medical Clinics (Mongkok)	2/F, Silver Commercial Building, 719 Nathan Road, Mongkok	<u>Mondays to Saturdays</u> 9am to 5pm	2394 8189 / 2394 8337	-
UCN Jordan Health Centre	13/F, Sino Cheer Plaza, 23 Jordan Road, Kowloon	<u>Mondays to Thursdays</u> 8.30am to 6pm <u>Fridays</u> 8.30am to 7pm <u>Saturdays</u> 8.30am to 5pm	2770 8365 / 2783 7628	5628 5198
<b><u>Kowloon East</u></b>				
Hong Kong Federation of Trade Unions Workers' Medical Clinics (Kwun Tong)	G/F, Lai Yue Building, 3 Horse Shoe Lane, Kwun Tong	<u>Mondays to Saturdays</u> 9am to 8pm	2342 2312	-
Jockey Club Wo Lok Community Health Centre	Unit 26-33, Basement, Kui On House, Wo Lok Estate, Kwun Tong	<u>Mondays, Wednesdays and Fridays</u> 8.30am to 5.30pm <u>Tuesdays and Thursdays</u> 8.30am to 7pm <u>Saturdays</u> 8.30am to 5pm	2344 3444	5625 3918
<b><u>New Territories East</u></b>				
Hong Kong Federation of Trade Unions Workers' Medical Clinics (Tai Po)	1/F, Po Hong Mansion, 70-78 Kwong Fuk Road, Tai Po	<u>Mondays to Saturdays</u> 9am to 8pm	2656 1988	-

Kwong Fuk Community Health Centre	Unit 19, G/F, Kwong Yan House, Kwong Fuk Estate, Tai Po	<u>Mondays to Fridays</u> 8.30am to 7pm <u>Saturdays</u> 8.30am to 5pm	2638 3846	6226 5342
<u>New Territories West</u>				
Jockey Club Tin Shui Wai Community Health Centre	Unit 103, 1/F, Tin Ching Amenity and Community Building, Tin Ching Estate, Tin Shui Wai	<u>Mondays, Wednesdays and Fridays</u> 8.30am to 5.30pm <u>Tuesdays and Thursdays</u> 8.30am to 7pm <u>Saturdays</u> 8.30am to 5pm	3156 9000	6350 2031
Hong Kong Federation of Trade Unions Workers' Medical Clinics (Tsuen Wan)	Unit A2, G/F, Fou Wah Centre, 210 Castle Peak Road, Tsuen Wan	<u>Mondays to Saturdays</u> 9am to 1pm	2492 2434	-
Hong Kong Federation of Trade Unions Workers' Medical Clinics (Tuen Mun)	Shop 63, G/F, Eldo Court Shopping Centre, 132 Heung Sze Wui Road, Tuen Mun	<u>Mondays to Saturdays</u> 9am to 8pm	2457 0022	-