

(Translation)

**Hon CHAN Kin-por's motion on
“Promoting public health policy to let the elderly enjoy a quality life”**

Wording of the Motion

That, since the outbreak of the Coronavirus Disease 2019 epidemic, people in general, as compared with the past, have attached more importance to personal and public hygiene, done more exercise and participated more in different recreational activities, so as to prevent virus infection; with a heightened health awareness in society as a whole, the health level of Hong Kong people has also risen; in fact, Hong Kong is facing problems in healthcare, elderly care, etc. brought about by population ageing, and these problems have exerted pressure on public finance; in this connection, this Council urges the Government to formulate a public health policy with a new mindset, including motivating people of various age groups to do more exercise, providing more sports facilities, creating an environment for a healthy lifestyle, and raising the awareness of personal and public health among Hong Kong people, so as to let people enjoy a long, healthy and quality life in their twilight years and in turn alleviate the social and financial pressure brought about by population ageing.