

(Translation)

**Hon Adrian HO's motion on
“Promoting healthy ageing to create a good quality of life
for the silver-haired group”**

Wording of the Motion

That the continued ageing of the population in Hong Kong has led to a rise in the elderly dependency ratio and exerted tremendous pressure on Hong Kong's healthcare system, welfare policies, public resources, etc.; in order to meet the needs of the silver-haired group, this Council urges the SAR Government to draw reference from international experience and proactively promote healthy ageing, so as to address the problem of an ageing population; the measures include raising people's awareness of planning for a silver-haired life for their future in order to realize ageing in place; promoting services for preventing and delaying disabilities, so as to enable the silver-haired group to maintain self-reliance and continue to give full play to their strengths and contribute to society; and developing silver-hair industries to enhance the quality of life of the silver-haired group, thereby creating an age-friendly social environment for Hong Kong.