

S 全民運動 DAY

SPORT FOR ALL DAY

8 AUG
月3日
2025年
星期日SUN



健康快樂
人輕鬆

Stay Active

Healthy and Happy

全城齊運動

Coalescing together

全民撐全運

for the National Games



查詢 Enquiries
2414 5555

各分區康樂事務辦事處
District Leisure Services Offices



• 免費康體活動

(在各區指定體育館舉行)

活動券將於7月21日上午8時30分在各區康樂事務辦事處或指定場地派發，先到先得。

• 免費使用康樂設施

(不包括營地設施、運動場、人造草地球場和天然草地球場)

「全民運動日2025」當日，康文署轄下多項康樂設施會開放予市民免費使用。有關「全民運動日2025」免費使用康樂設施詳情，歡迎瀏覽「全民運動日」專題網頁 (www.lcsd.gov.hk/tc/sfad)。

• Free Recreation and Sports Programmes

(Available at designated sports centres in all districts)

Activity coupons will be distributed at District Leisure Services Offices or designated venues at 8:30 am on 21 July on a first come first served basis.

• Free Use of Leisure Facilities

(Excluding camp facilities, sports grounds and artificial and natural turf pitches)

On the SFAD 2025, various LCSD leisure facilities will be open for free use by the public. For details of free use of leisure facilities on SFAD 2025, please visit the dedicated website at www.lcsd.gov.hk/en/sfad.



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in no particular order



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