



泳前熱身 後緩和 老友量力 樂暢游

**Warm up, swim with joy,
then cool down at your pace
Know your limits, dear seniors,
put safety in the first place**

二〇二六年水上安全標語創作比賽冠軍
Champion of Water Safety Slogan Design Competition 2026
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二〇二六年水上安全平面設計比賽冠軍
Champion of Water Safety Graphic Design Competition 2026
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